White Belt Requirement

* Full White Uniform
* Bo Staff

Yellow Belt Requirement

* Join the Asian Tang Soo Do Federation
* Sparring Gear:
  + Head Gear
  + Hand Gear
  + Shin Gear
  + Mouth Guard
  + Protective Cup for Males

Orange Belt Requirement

* Nunchucks

Green Belt Requirement

* Green Belt Uniform
* Action Flex Sparring Nunchucks
* Sparring Gear:
  + Face Shield

Red Belt Requirement

* Sparring Gear:
  + Boxing Gloves
  + Caged Face Shield

Black Belt (1st Dan)

* Sia
* Knife
* Short Stick
* Sword